

# ASCCA: Competitions

- Photo Comp.
- Georgine Jakobi won  
2 certificates for her Photo.

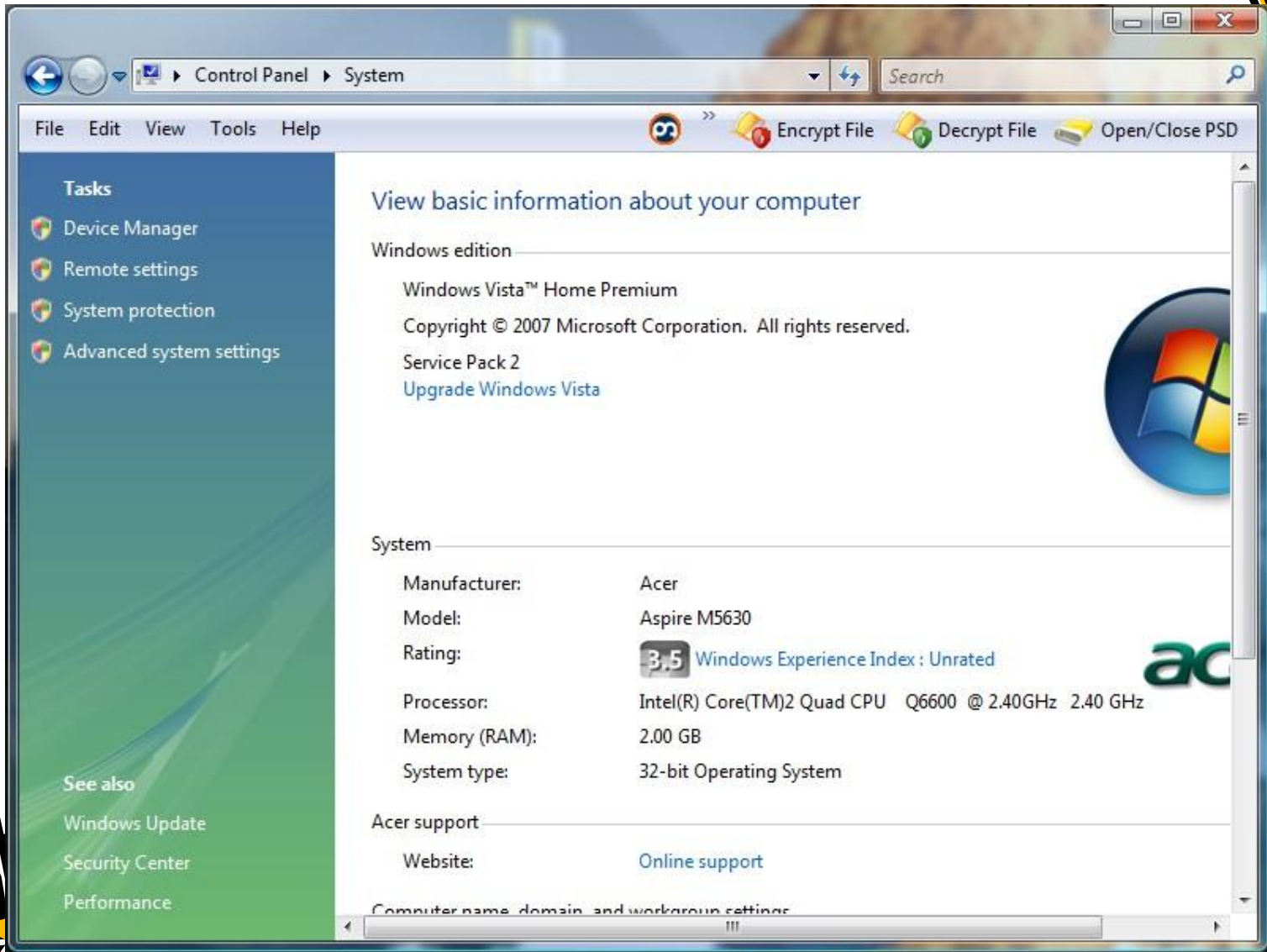


# RAM Tip

- Why is my computer running slow?
- How Much Memory does your computer have?
- **Windows XP Recommended Minimum 1 Gb.**
- **Windows Vista Recommended Minimum 2 Gb.**
- **Windows 7 Coming Recommended Minimum 2 Gb.**
- Check
- Start - Control Panel - System.



# RAM Tip



The screenshot shows the Windows Vista System window. The left sidebar lists tasks: Device Manager, Remote settings, System protection, and Advanced system settings. The main content area displays the following system information:

- Windows edition: Windows Vista™ Home Premium
- Copyright © 2007 Microsoft Corporation. All rights reserved.
- Service Pack 2
- [Upgrade Windows Vista](#)

System information:

Manufacturer:	Acer
Model:	Aspire M5630
Rating:	3.5 Windows Experience Index : Unrated
Processor:	Intel(R) Core(TM)2 Quad CPU Q6600 @ 2.40GHz 2.40 GHz
Memory (RAM):	2.00 GB
System type:	32-bit Operating System

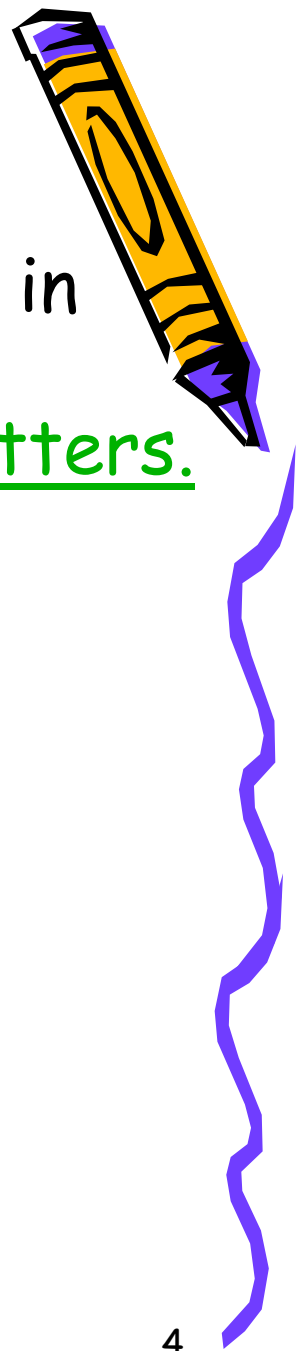
Acer support:

- Website: [Online support](#)

Computer name, domain, and workgroup settings

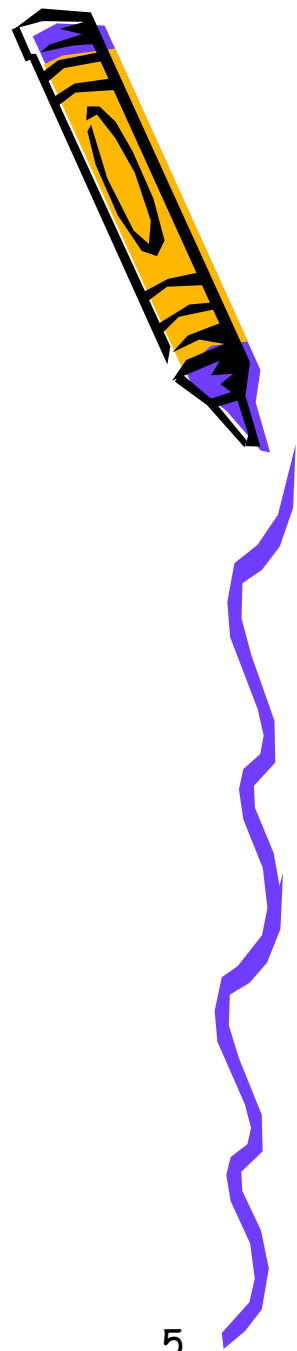
# Presidents Report: Newsletter

- You can get your Copy of the Newsletter in Colour off our website at <http://www.forestcompals.org.au/newsletters.htm>
- Oct & Nov are waiting for you now!



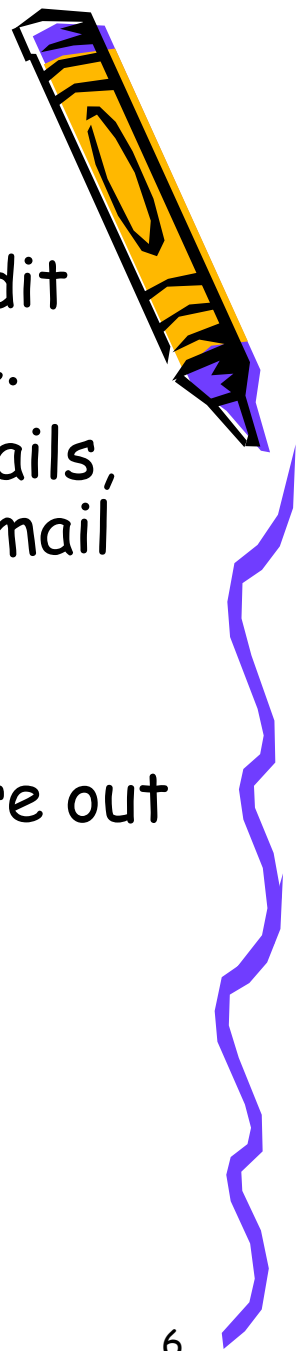
# Presidents Report: Direct from Microsoft.

- To download and install Windows 7 Upgrade advisor go to:
- <http://www.microsoft.com/windows/windows-7/get/upgrade-advisor.aspx>

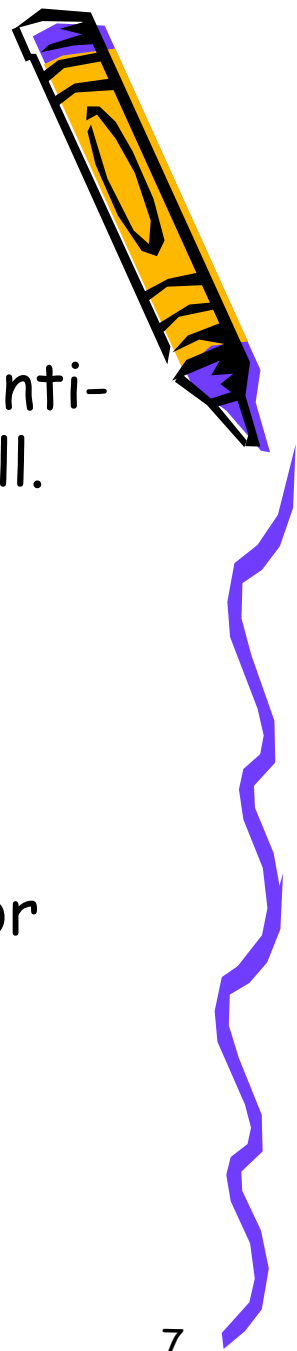


# Presidents Report: Fraud

- Emails that claim to be from your bank, Credit Card Company or some other service you use.
- It usually asks you to send your account details, and sometimes your PIN, either by return email or through a website.
- Emails from Friends that are not?
- Be careful its Christmas and the Vultures are out for your money.



# Presidents Report: All in One



- Kaspersky Internet Suite 2009 All in One.
- McAfee ASAP Monitored Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Site Advisor, Firewall. Installation is through Hi-Speed.
- Trend Micro Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Firewall.
- Comodo 3.13.12417xxx Full Suite incl:
  - Anti-Virus, Securty & Firewall. Auto check for new version. Its FREE.
- All work on Win XP and Vista and Windows 7.



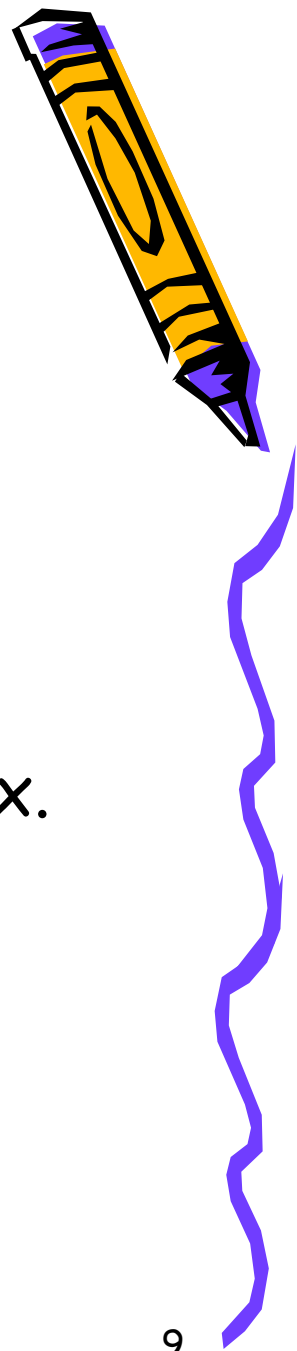
# Presidents Report: Windows Updates

- It is essential you regularly update your computer.
- Start -All Programs - Windows Update.
- Follow onscreen instructions.
- Here is a very useful one. CNet TechTracker
- [http://www.cnet.com/techtracker/?](http://www.cnet.com/techtracker/)
- Sign up Download and Install
- Scan your Computer.



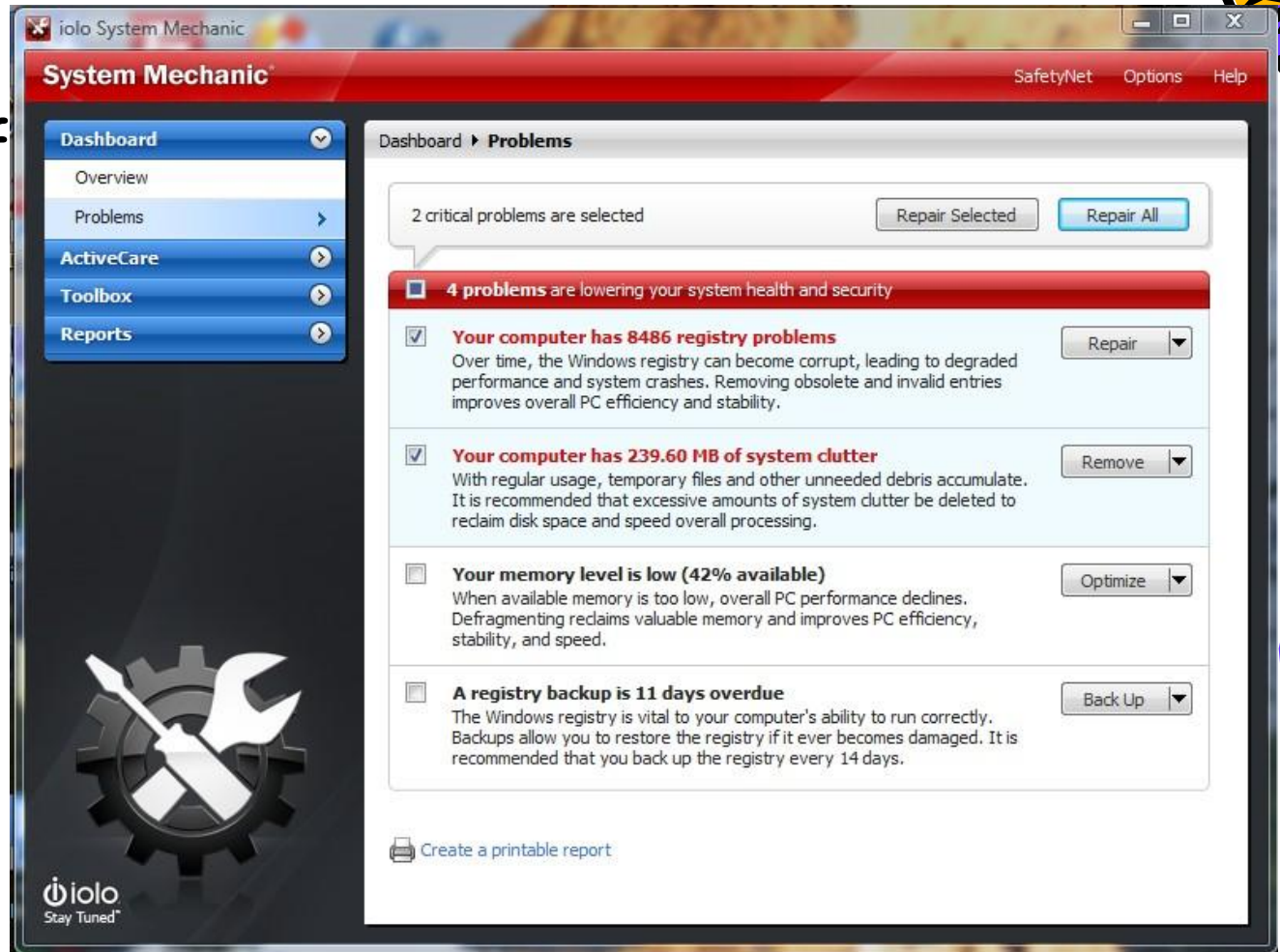
# Presidents Report: Health Check

- Computer Slow? Strange error Messages?
- Blue screen of Death?
- The Registry!
- How do I Fix it?
- You Can Not!
- If Either Glary Utilities or CCleaner can't fix.
- Then its time for the big guns.



# Presidents Report: Health Check

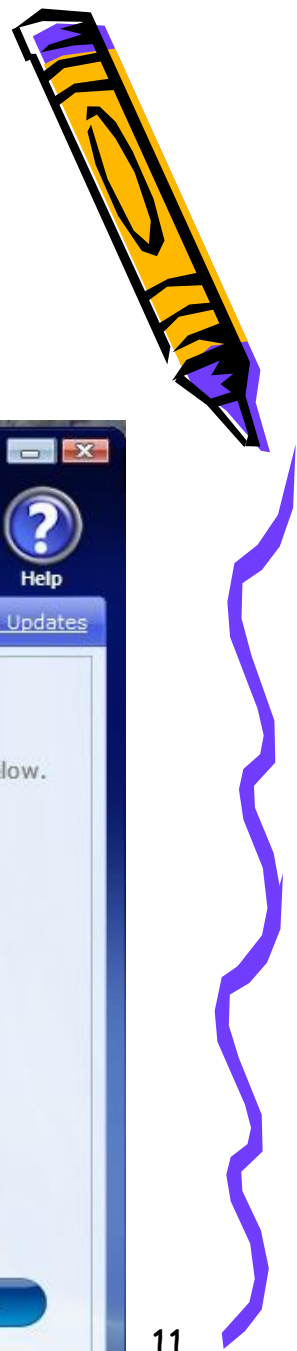
- System Mechanic <http://www.iolo.com/>
- \$39.95
- \$10.00 off



# Presidents Report: Health Check

- PC Doc Pro v5.0 \$AU39.95

<http://www.pcdocpro.com/download2.html>



# Presidents Report: Health Check

- PC Doc Pro v5.0



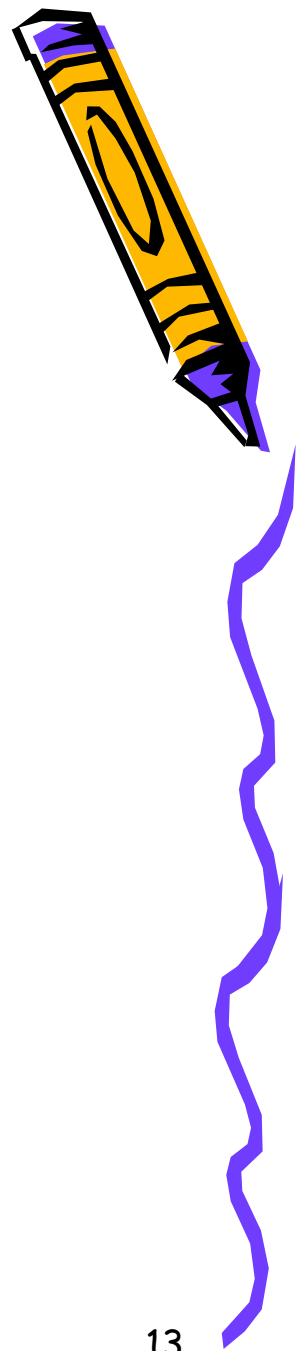
The screenshot displays the PC Doc Pro v5.0 interface. At the top, the logo "PC Doc Pro" is accompanied by the tagline "Breathe Life Into Your PC". Navigation buttons for "Scan", "Rescue", "Registry Defrag", "Results", "Tools", and "Help" are visible. The main area is titled "Scan Statistics" and features a gauge labeled "Overall" with a needle pointing to the red zone, indicating "System performance is NOT OPTIMIZED". A "START SCAN" button is present. To the right, a section titled "Statistics About Your Software" shows the last scan date as 14/11/2009 at 11:31:04 AM. It displays two summary boxes: "209 ERRORS FOUND" in a red box and "1841 ERRORS CLEANED" in a green box. Below these is a table with three columns: "Category", "Error(s)", and "Cleaned".

Category	Error(s)	Cleaned
Registry Problems	199	1755
Junk File Remnants	3	68
Privacy Traces	7	18
Memory Optimization	0	0
Network Optimization	0	0
Start-up Optimization	0	0
Windows Optimization	0	0
Internet Optimization	0	0

A "Clear Statistics" button is located at the bottom right of the statistics section.



# Presidents Report:



- Presidents reports
- Club website:  
<http://www.forestcompals.org.au/>
- Go to Presidents Reports

